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September 9, 2011

Mr. Christopher Day, Esq.  
10560 Main Street  
Suite 218  
Fairfax, Virginia 22030  
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Re: Jackson v. Tanner  
Case No.: CL10-1533

Dear Mr. Day:

This report assesses the impact of prolonged sexual exploitation and sexual abuse on Kirk Jackson when he was age 16. I interviewed Mr. Jackson for over 3 hours (8/8-9/11) in Raleigh, NC. I also talked by telephone to Mr. Jackson on 8/12/11 and interviewed his sister, Kristi Trerotola on 8/11 and his father, John Jackson on 8/12/11. Additionally, I administered the following tests to Mr. Jackson: Derogatis SCL-90R; Beck Depression Survey; and Horowitz Impact of Event Scale

I also have reviewed the following documents and records:

1. Medical records entitled "Outpatient Services Contract" submitted by Ned Weyer Rodriguez, Ph.D, S.E.P., Licensed Clinical Psychologist to Day & Johns, PLLC. These records include client's responses to various questionnaires and progress notes of psychotherapy sessions from 01/12/10 – 02/17/10.
2. Complaint entered by Day & Johns, PLLC on behalf of Kirk A. Jackson against Carl E. Tanner – no date listed.
3. Document entitled "For Kirk Jackson's Attorney's Eyes only" – collection of emails from 04/20/06 - 10/31/09.
4. Document entitled "For SettlementPurposes Only" sent via email from Day & Johns PLLC to Carl E. Tanner – 04/29/10.
5. Document entitled "Plaintiff's Answers and Objections to Defendant's First Interrogatories" – 12/14/10.
6. Deposition of Carl E. Tanner – 02/01/11.
7. Medical records entitled "Treating Psychologist Report" submitted by Ned Weyer Rodriguez, Ph.D, S.E.P., Licensed Clinical Psychologist to Day & Johns, PLLC. - 07/26/11.
8. Deposition of Kirk Jackson, January 2011.

**Summary of Complaint** Plaintiff Kirk Jackson alleges defendant Carl Tanner approached him in the second half of 1987, knowing that he was a minor, and deliberately groomed him for the purpose of performing sexual acts, taking advantage of his age and personal vulnerabilities. This grooming lured Mr. Jackson into sexual acts including touching of sexual organs and sodomy. Three counts of battery, intentional inflictions of emotional distress, and negligence are claimed.

My report includes my evaluation of Kirk Jackson in the context of unrecognized linkage between physical and psychological symptoms until in therapy as an adult. I base my opinions on my research and practice with several hundred victims of sexual abuse, of whom over 12 have been adult males with delayed disclosure for treatment.

## **Clinical Evaluation Kirk Alexander Jackson**

### **Pertinent Background**

Family Kirk Jackson, age 40 (DOB: 12/25/1970), was born in Fairfax, Virginia and raised in Maryland and Virginia. He has an older sister. His parents (John and Donna Jackson) separated when he was about age 9. John Jackson, Kirk's father, became the custodial parent with Kirk and his sister (Kristi) living with the father during the week and staying with the mother on weekends. His father remarried (Lois) who had three daughters (stepsisters). Kristi is married, is employed with an airlines company, had 3 children (1 daughter died of cancer).

Mr. Jackson describes his father as being a good provider and caretaker, that he worked long hours as an attorney and had a reserved demeanor. He describes having a good relationship with his mother, missing her after the parental separation, but enjoying the love and attention she provided when visiting on weekends.

Education Mr. Jackson attended public school (K-3) in Montgomery Village (Gaithersburg, MD). He attended Cherry Hill Christian School and Williamsburg Intermediate School for grades 4-8, and a portion of high school at Bethlehem Baptist Christian Academy. He was involved in extracurricular sporting type activities.

He attended public high school. His deposition notes that his sophomore year (1986-'87) he had a failing grade in Algebra II, a D in Latin, and a C in Biology. Other grades were average.

Mr. Jackson dropped out of high school in 1988-1989. He took a class in 1990 (an adult education program) and received his high school diploma. He subsequently took a few courses part time at Northern Virginia Community College. He stopped college because of "struggles on an emotional level, specifically depression, feelings of inadequacy and self-hatred" (depo:72).

Family psychiatric, abuse or criminal history: Mr. Jackson was unaware of any history in the family of: psychiatric illness, drugs, alcohol, or criminal behavior.

Religion, social network, employment Mr. Jackson says he is a non-denominational Christian, having put his faith in Christ in 1978 at the age of seven. His paternal grandfather was a Baptist minister. Mr. Jackson reported having few close friends, that he was not popular in high school and was lonely at home. At the time of the alleged incident, he worked after school in a local video rental store.

Music Kirk Jackson has had a love of music all of his life. He took guitar lessons in school and has continued his interest through singing, writing and performing music.

### **Description of the Sexual Abuse**

- In October 1987, Kirk Jackson was approached by Carl Tanner at Erol's Video Club, his place of employment. Tanner engaged him in conversation and carefully listened as Kirk talked of home and school difficulties. The first meeting was when Mr. Jackson was in costume for Halloween as Billy Idol.
- Mr. Tanner returned to video store and fostered an apparent friendship with Mr. Jackson through listening and sharing stories.
- Mr. Jackson felt Mr. Tanner showed financial superiority with his Cadillac and promised to buy him a used yellow Corvette. He talked of bounty hunting prowess and showed Mr. Jackson his bounty gun.
- Approximately two weeks after the initial contact, the first sexual occurrence took place at Mr. Tanner's apartment.
- Mr. Jackson said he was told that a mafia godfather type named "Mr. Orem" watched over Mr. Tanner and his men drove a black LTD Crown Victoria car. Mr. Jackson became paranoid looking to see if that type of vehicle was around.
- **Sexual activities** took place on numerous occasions through December 1987 and once in January 1988 including, but not limited to, oral sodomy, grinding of Mr. Tanner's pelvis simulating anal sex, touching Tanner's erect penis through clothing numerous times in Tanner's car and at jewelry sales event, fellatio on one occasion leading to Tanner's tongue thrusting into Mr. Jackson's anus, and attempting to kiss him on the lips once.
- Mr. Jackson reported that Mr. Tanner purchased alcohol for him to drink at the apartment on more than one occasion and once took him into a bar in Washington D.C. and watched him consume large quantities of alcohol. It was under the influence of alcohol that sodomy and fellatio occurred.
- Mr. Jackson said he was shocked, intimidated, and scared and struggled against being held in various positions or engaging in various activities.
- He also stated he informed Tanner on numerous occasions that he did not like sexual relations with him but that he had been under enormous pressure to engage in them and was initially intimidated and fearful of Tanner's rejection and anger. However, he wanted to remain friends with Tanner without any sexual activity.
- Mr. Jackson said Mr. Tanner told him he had a terminal heart diagnosis and had only a short time to live which caused Mr. Jackson great stress.
- Mr. Jackson said that Mr. Tanner was in process of or had adopted a boy and took him to see that boy.

- Mr. Jackson states Mr. Tanner often called his father's house looking for him and left messages with his father. Also, Tanner would come to the door to pick him up, or would wait down the street from his home and call from there.
- Mr. Jackson said he was brought to Tanner's parents' home once during the holidays. While waiting for Tanner to complete some task, he noticed a pornographic magazine sticking out from under the couch; when he reached down he found a huge pile of both straight and gay magazines. Mr. Jackson thinks that Mr. Tanner left them purposely for him to see.

### **Disclosure of sexual activities and what followed**

**Kristi Terotola**, on interview, said that Kirk told her first (about the abuse). They talked about what to do and she encouraged him to tell others. They agreed Kristi would tell their father. Kristi also said that even though she was not living at home, she had some knowledge of a man (Tanner) being around her brother. She remembers thinking the man was older and it was odd. Her mother learned about it later, thought it was a bad situation and felt upset she wasn't able to prevent it. Kristi felt her father didn't want to make it a big deal - maybe because he had a traditional background. Kristi thought it was a significant event, certainly had impact and has been very negative for Kirk. She was not aware of Kirk getting any counseling afterwards.

**Kirk Jackson** said, on interview, that Tanner's parents came by to see his father after learning of the incidents. Tanner's parents expressed on-going issues with Carl and young boys. They were embarrassed, sympathetic, appalled, and upset. They did not condone Carl's behavior. He was supposed to have had sex counseling.

Kirk Jackson talked of the boy Tanner adopted, Eric Reinhart. Mr. Jackson said that he heard Eric later committed suicide (by hanging) at military boot camp. Someone suggested Eric was gay.

**John Jackson**, on interview, said that Kristi told him about Kirk and Tanner. He (John) called the parents to say how upset he was. They came over with their son, Carl, and had a conversation. They were apologetic and expressed their unhappiness. At the time, John Jackson said didn't have the full scope of the incident. He just wanted to tell them his displeasure. They acknowledged there was an issue like this before. It wasn't the first time. John Jackson later learned when talking with the police that they knew of other issues with Tanner. One time was in a park where Carl had been trying to strike up conversations. But the parents, in a way, acknowledged this was an issue and they were unhappy about it. They wanted to apologize. Carl Tanner just sat there and did not enter into the conversation. Clearly they were not surprised and to some degree this had surfaced thru Arlington County police. John Jackson's understanding was that Tanner pleaded to a reduced charge, a misdemeanor. He continued to say that the abuse has clearly affected Kirk's life. This has been a major life issue for him.

As stated, Kirk Jackson spoke with his sister and father about the sexual activities a few months after they ended and his father took him to the Arlington Police. On May 17, 1988, according to plaintiff's attorney, the process of removing the boy Mr. Tanner adopted was initiated. [*Note that Mr. Tanner denies having adopted the boy.*] The following day, Mr. Tanner

was arrested and charged with Sodomy and Criminal Solicitation. He pleaded guilty to lesser misdemeanor and was sentenced to one year of suspended term of imprisonment, three years probation and other terms.

News of the relationship was leaked at Kirk's high school and because of the immediate ridicule, Kirk withdrew from school. However, he continued to be taunted by people he met. His only friend's father forbade that friend to have any contact with Kirk. He dropped out of a second high school when he was repeatedly bullied for length of his hair, clothes he wore, and music he liked. He began a variety of menial jobs and later was able to receive his diploma.

### **Consequence/effects of sexual abuse**

In the past twenty-three years, Kirk Jackson has lived at twenty different addresses; he has had thirty-three different jobs since 1987. His dream is to become a song writer/singer and actor; he has recorded five original song demos and has written other songs, but does not have the money or physical or emotional health to record a full length professional CD.

Since 1987, Mr. Jackson has consulted with fifty-seven health care providers for physical and mental health issues including severe depression, alcoholism, nicotine addiction, sugar addiction, psoriasis, psoriatic arthritis, chronic fatigue, fibromyalgia, chronic pain, weight loss, constipation, faulty nervous system, loss of appetite, feeling numb, feeling "paralyzed", worthlessness, social anxiety, lack of career, hopelessness, poor self-image, suicidal thoughts, zero confidence, self-hatred, feeling alienated and alone, trouble falling asleep, anxiety, extreme guilt and shame, sexual performance problems, sexual anxiety, obsessive-compulsive behaviors, chronic stress, wishing I were dead, very poor quality of sleep, pornography addiction, short and long term memory loss, complete lack of motivation, constant fear of failure, severe digestive disorders, anger, feelings of mistrust, and others. Mr. Jackson now attributes these symptoms and illnesses to the sexual abuse he experienced at age 16 - 17 from Mr. Tanner.

### **Summary of Dr. Rodriguez' Report**

Twelve of the fifty-seven providers treated Kirk for depression beginning in 1996; the last recorded provider was Ned Weyer Rodriguez, Ph.D, S.E.P., Licensed Clinical Psychologist. Following are highlights from that report:

- Kirk Jackson completed a total of 28 psychotherapy sessions from 01/12/10 through 06/25/10, sometimes meeting twice weekly.
- Kirk stated he had never considered the impact of the molestation that he reported on any of the subsequent psychosocial problems that he experienced. His goal was to begin to address the effects of the molestation on his psychosocial functions.
- While Dr. Rodriguez conducted a scientifically rigorous clinical evaluation, he did not conduct forensic evaluation necessary in order to render opinions on psycholegal matters such as causation.
- The evaluation included Kirk's completion of numerous well recognized assessment tools. *These suggested that Kirk neither exaggerated or minimized his current level of symptoms and that his self-report on these scales likely accurately*

reflected his current level of symptoms. Kirk scored over 3 standard deviations over the empirically-derived cutoff scores for clinical significance on measure of molestation related PTSD intrusion, avoidance, and hyperarousal symptoms, and PTSD symptom impairment as well as subscales for Dissociation and Substance Abuse (DAP). Scores this high are consistent with severe and debilitating symptoms of PTSD, Dissociation and Substance Abuse. Kirk scored in the severe range on self-report scales of Anxiety (MAQ) and Depression (BDI-II).

- Along with testing, clinical interviews, and observation, Dr. Rodriguez made the following diagnoses:
  - Axis I: 309.81 PTSD, chronic  
296.33 Major Depressive Disorder, recurrent, severe, without psychotic features  
300.81 Somatization Disorder  
300.15 Dissociative Disorder, not otherwise specified  
303.90 Alcohol Dependence, sustained partial remission  
305.10 Nicotine Dependence
  - Axis II: 301.9 Personality Disorder, not otherwise specified
  - Axis III: 696.1 Psoriasis
  - Axis IV: Inability to work, limited social support
  - Axis V: GAF (Global Assessment of Functioning) = 31
- For treatment purposes, Dr. Rodriguez's operating assumption was *that the molestation described by Kirk at the ages of 16-17 was the precipitating event that caused the PTSD symptoms he experienced at the time of the therapy, although additional factors likely contributed to their severity. Also, for the purposes of therapy I formed the working hypothesis that the molestation was likely not the sole causal factor for his other psychiatric disorders, this traumatic experience played a significant role in the initiation and/or maintenance of these disorders. Along with PTSD, these disorders contributed to the ongoing severe psychosocial distress that Kirk experienced at the time of the therapy.*
- *My therapy goals with Kirk and the interventions that I utilized to work towards these goals are consistent with Stage I of the state-of-the-art Three Stage Model of trauma treatment that begins with work on basic stabilization of a patient who is experiencing dysregulation like Kirk. Kirk was working with psychotherapy and began to take steps towards greater stabilization, although challenges with dysregulated behavior continued. His participation in the civil lawsuit triggered and intensified his complex PTSD symptoms and at times destabilized him and halted or reversed his therapeutic progress.*
- Therapy was terminated due to financial problems after which Kirk decided to relocate to Nashville.
- Given his Kirk's initial positive response to therapy, Dr. Rodriguez rated his prognosis as good provided Kirk continue with long-term trauma-focused psychotherapy.

### **Background of Defendant Carl E. Tanner (from deposition)**

- Born and lived in Virginia most of his life. Lived in New York City in 1991 - 2001 where he started his career as an opera singer.
- Has a Bachelor of Arts from Shenandoah Conservatory of Music and an honorary Ph.D. in music. He speaks fluent Italian, somewhat fluent German, and fluent English.
- Describes his career as an opera singer (names, dates, locations of performances and approximate salary received until his counsel objected at his stating the salary) beginning as an apprentice in 1991). He made a Metropolitan Opera debut on 12/27/10.
- Has released one solo CD and has three compilation CD's.
- Worked as a bounty hunter (for a bondsman to arrest someone on an outstanding warrant) from 1986, 1987-1988, 1990. Also drove a van for a framing company and had a small jewelry shop for six months.
- Concerning his sexual orientation, he had been attracted to both males and females until age 28 when he met somebody he was happy with and realized he was gay. The relationship with Steven Hsieh (Chinese) has continued to the present and they were married in California in 2008.

### **Mental Status Exam**

During the interview, I observed Kirk Jackson to be a good looking, engaging, and articulate man. He was anxious about the interview since it required a resurfacing of the relationship with Carl Tanner and all of its attendant emotion. Kirk Jackson's affect was subdued and thoughtful as he described his background, the relationship with Mr. Tanner and his thoughts and behaviors since he connected his memories of the abuse. His stream of thought was logical and coherent. His sensorium, including orientation, memory, and judgment was intact. In his content of thoughts there were no delusions or hallucinations. He reported feelings of depression, anger, and anxiety.

### **Additional Record Review**

Contacts with Carl Tanner after Sexual Contact Ceased (emails produced by Kirk Jackson, other information given by Kirk Jackson in response to Defendant's First Interrogatories)

Approximately 1990 – Kirk Jackson says Mr. Tanner came in to the gas station one night where Kirk (19 years old) worked as a cashier. Kirk does not recall specifics of the conversation but “it seemed to me he wanted me to believe that he was there to make sure I was doing okay, and to say hello ...[and] express his interest in making sure I wasn't mad at him. I told him at the gas station that night that I still did not want to have any contact with him.”

04/20/06 (and repeated on 04/21/06) – email **from** Kirk to Carl Tanner commenting that while it had been twenty years since last contact, he was writing as “one singer to another”. Kirk commented that he was in LA, knew that Carl was singing in Costa Mesa, provided his cell phone and email address, and said “it would be great if you could get in touch with me when you receive this”. He signed it “All the best - Kirk”.

04/24/06 – email **from** Kirk to Carl wishing him happy birthday and thanking him for his *attentiveness in helping me to have an absolutely killer seat at your show...You were amazing, and we have even more in common than I thought....You didn't have to call to check on me*

*before your show, but you did, and that said a lot about your character. Even moreso [sic] I want to thank you for your kindness and selflessness in your participation in our lengthy phone conversation...as well as backstage after your show. Another thing that you did not have to do, but you did, was introduce me to so many people and make me feel so welcome. Thank you. That also was a reflection of your character and level of integrity. I admire your very well rounded people skills and sense of humor, and those things along with your amazing voice that God blessed you and the world with, it is no wonder that you have achieved so much success....You are a big inspiration to me, probably more than you would ever be able to know....You're a great guy, Carl with a big heart....Know that from here on out, you will always be able to count on me as a friend. Hopefully someday soon...I'll get the chance to sit down with you and let you know some things I've been needing to tell you for the last eighteen years. Kirk also provides information about his web sites and signs the email "Your friend – Kirk".*

2006 to approximately 08/07 – According to Kirk several telephone conversations took place during this period during which Mr. Tanner inquired about his health, offered to pay medical expenses as well as credit card debt, offered to fly him to Germany to attend a performance, and listened as Kirk shared his relationships with family members, health struggles, career aspirations, and relationship with his girl friend. In the last conversation, Kirk told Mr. Tanner he forgave him “for the wrong he had committed on me in having sexual relations with me while I was a minor”. He also informed Mr. Tanner that this would be the last time they would speak as they would no longer be able to be friends. “At this time, though, I was only thinking about the moral wrong of the situation, and still did not know that the hurt I was experiencing in my life had been caused by the defendant.”

01/20/08 – email **from** Carl to Kirk after Kirk had told Carl in a phone conversation that Kirk could no longer be Carl’s “friend” and did not want to remain in touch with him any more. Carl writes that he had wanted to write sooner ever since the phone call when Kirk said he forgave him but *it did catch me way off guard and surprise me that after what I thought was a possible road to reconciliation and patching of an old friendship, suddenly it was finished just like that!...But I have been wondering as to why you would call and say we shouldn't speak any longer. I just wanted to let you know that I always wanted your forgiveness and I've always wanted you to be happy in your life! I have since we last spoke worried about your health and do pray for you.* It is signed “Peace, Carl”.

09/23/09 - email **from** Kirk to Carl. Kirk states he is “doing well and experiencing consistent inner joy on a daily basis that can only come from a loving God. I am contacting you to ask for your help, and I appreciate you taking the time to carefully read this.” Kirk goes on to write about his vocal and songwriting ability, the subsidence of his emotional pain and unwanted memories over the past two years, his difficult and painful past which contributed to entering adulthood with a crushed broken spirit and many physical problems. He writes also of receiving strength from his faith as well as thanking Carl for Kirk’s opportunity to see Carl sing at the opera in California. Finally Kirk tells of the hard labor and many jobs which he has held in order to realize his dream in the music business. He encloses samples of his music and asks Carl to give him \$100,000.00 out of charity so that he can make a record of great quality that will “put me on the music map”. It is signed “Sincerely – Kirk”.



09/30/09 - repeat email **from** Kirk to Carl with original four music attachments sent separately to insure delivery in case the original email had not been received..

10/06/09 - email **from** Carl to Kirk in which Carl states that he “will be back in touch with you very soon....I am happy to hear you are doing well.” It is signed “Best Carl”.

10/31/09 – email sent **from** Kirk to Carl on 10/31/09 with only four question marks as content.

## **Opinions and Basis for Opinions**

Based on my review of the documents, my clinical interview and testing of Kirk Jackson, my treatment and research on men with sexual abuse as an adolescent, the following are my opinions with bases within a reasonable degree of scientific certainty.

1. It is my professional opinion that Kirk Jackson meets the criteria for a psychiatric Axis I diagnosis of Chronic Post-Traumatic Stress Disorder (PTSD), delayed, with somatic and depressive features.

The following post-traumatic stress symptoms are present in Kirk Jackson.

- Intrusive thoughts and recollections of the event (“Reminders and other things bring it back”
- Diminished interest and decline of previously experienced activities (“I can't get pleasure from the things I used to enjoy.”)
- Mood swings (“I have waves of strong feelings about it”)
- Sleep disturbance (“Have a lot of sleep problems.”)
  
- Avoidance (“I try not to talk about it”. "I tried not to think about it")

Additionally, Mr. Jackson has the following hyperarousal symptoms:

- hypervigilance (“Feel watchful and on guard”.)
- difficulty concentrating (“It is hard to concentrate”.)
- irritability (“I am irritable all the time”.)
- intensification of symptoms by exposure to events that symbolize or resemble the event (“Reminders cause me to have physical reactions”.)

How did the adolescent sexual abuse affect Kirk Jackson? As the medical records clearly support, Kirk Jackson somaticized his anxiety. He has many medical visits for psoriasis, chronic fatigue, fibromyalgia, chronic pain, weight loss, constipation, faulty nervous system, loss of appetite, feeling numb, feeling “paralyzed”, to name a few.

Another question is why Kirk Jackson did not make the connection between the abuse by Carl Tanner and his symptoms? Mr. Jackson said, on interview, that he always thought of Tanner as his friend. He said he never wanted to attribute to him how horrible his life had been. This is an example of suppression, denial, confusion, and misplaced loyalty.

2. Kirk Jackson the victim of adolescent male sexual abuse is suffering a severe response to the abuse due, in part, to the extended duration of the sexual abuse and the surfacing of his memories.

The impact of the sexual abuse may be noted in two important ways: (1) Listing the symptoms that reflect post-trauma; and (2) Citing the dynamics of the assailant's behavior and classifying the crime.

In the first method, self-report surveys provide additional documentation of current functioning.

On the *SCL-90R*, Kirk Jackson's positive symptom profile (n=80) revealed a pattern and magnitude to be considered in the clinical range. Symptoms endorsed as extremely distressing included some of the following: repeated unpleasant thoughts, faintness, loss of sexual interest, easily annoyed, low energy, trouble falling asleep, feeling fearful, feeling tense or keyed up, sleep that is restless or disturbed, feeling everything is an effort, feeling lonely, feeling worthless, feeling people will take advantage, troubling thoughts of sex, idea something is seriously wrong with your body, not feeling close to anyone, feelings of guilt and the idea that something is wrong with your mind.

Testing on the *Beck Inventory* noted that Kirk Jackson was seriously clinically depressed (n=52). Items endorsed included the following. He feels sad much of the time, feels future is hopeless, feels a failure, feels guilty, and that he is being punished. He dislikes himself, blames himself, has suicidal thoughts, and feels like crying but can't. He is restless and agitated, has trouble making decisions, feels worthless, lacks energy, sleeps most of the day, is irritable, has no appetite, has difficulty concentrating, has fatigue and is much less interested in sex now..

The *Impact of Event Scale* measures the three basic criteria of post-traumatic stress symptoms. Kirk Jackson's testing on the *Impact of Event Scale* indicated moderately high intrusion (n=21), avoidance coping (n=20) and hyperarousal (n=24). This testing indicates he has trouble falling asleep, other things makes him think about it, pictures about the incidents pop into his mind, he is aware he still has feelings about it and has not dealt with them, feels watchful and on guard, and tries not to talk about it.

The second way to evaluate the impact of sexual abuse on an adolescent is to identify the dynamics of the authority's behavior in order to understand what specific aspects have victimized the person.

The Crime Classification Manual defines Subordinate Sexual Assault as one whereby the relationship between victim and offender is one of subordination and status imbalance. One person has power over another by employment, education, or age. The offender uses the relationship status to take advantage of the subordinate. Delayed reporting is common in subordinate rape cases. In this case, Carl Tanner was 9 years older than Kirk Jackson (25/16). Carl Tanner preyed on Kirk Jackson's youth and inexperience and used the ploy of paying special attention to secure his loyalty and silence.

## Dynamics of Adolescent Sexual Exploitation

Children and adolescents are especially vulnerable to sexual exploitation if the exploiter stands in a relationship of power to them, as in the case of an older male. First, an older male (age 25) has authority over a minor (age 16). Second, the adult has dominance because of his special role, in this case, as an opera singer. Third, part of the seduction process involves the creation of a secret and special relationship that entraps the minor and confusion develops over the complex issues of attention, fun, games and sex. Fourth, the traumatic bonding is affirmed when accountability is not addressed. More likely than not (as in this case), the adult carries on his life with no one calling him on his exploitive behavior.

The question is often asked in cases such as this: Why wasn't Kirk Jackson simply able to forget the incident and encounters with Carl Tanner and achieve the goals he had set for himself? There are two answers. First, in addition to sexual exploitation, it was a betrayal of an idealized relationship and the price that Kirk Jackson paid was noted in his serious physical symptoms, feelings of inadequacy and shame, his poor school and work achievements, his depression and self-hatred, and his relationships with family and friends. Kirk Jackson, on interview, told of how he looked up to Tanner, that he thought he was cool, that he had a charming personality. Tanner knew Kirk and his father were not close and that he saw him yearning at a yellow corvette and he said he would try to get it for him.

Second, DeQuervain (2006) answers this question when he writes on the retrieval of traumatic memories in the *Annals of the New York Academy of Sciences* that posttraumatic stress disorder (PTSD) is characterized by traumatic memories that can manifest as daytime recollections, traumatic nightmares, or flashbacks in which components of the event are relived. These symptoms reflect excessive retrieval of traumatic memories that often retain their vividness and power to evoke distress for decades or even a lifetime.

In the study of child sexual exploitation and abuse, it is often the dynamics of why minors do not talk about it that are due to the influence of programming by the offender on the victim. Kirk Jackson, like many other male victims, was conditioned through guilt and shame to feel responsible (for the behavior of the adult) and suppress any thoughts of the abuse. This programming prevented him from recognizing any link between physical and psychological symptoms and the sexual exploitation.

In other research, the study of child and adolescent sexual abuse and exploitation has provided a better understanding of how the prolonged effects of sexual abuse can resurface over the life span of an individual. Researchers have written on the persisting effects that may arise when individuals are in their 20's and 30's. John Briere has written on the general numbing response of sexual abuse victims. David Finkelhor's review of the long-term effects of childhood sexual abuse includes symptoms of depression, anxiety, substance abuse, self-destructive behaviors including suicide attempts and sexual maladjustment problems. Denise Gelinas writes on three major areas of difficulty as chronic traumatic neurosis, continuing relational imbalances and the increased intergenerational risk of abuse. Judith Herman's 1992 book on trauma and recovery emphasizes the many symptoms to be addressed in the treatment of sexual abuse survivors. The current research on the neurobiology of trauma, including van der Kolk's work

and Putnam's work noting high levels of cortisol in trauma victims, relates to, in part, the higher difficulty adolescents and young adults have in concentrating and to the permanency of PTSD imprinting.

On another concerning issue, Kirk Jackson's early questioning that he was gay cast doubt and anxiety, caused a lack of self-confidence, and emotionally paralyzed him. His disgust over the sexual incidents and his idealism of Tanner kept him conflicted. What price did Kirk Jackson pay for his response?

1. Increased drugs and drinking. The increased substance use was a) to try to make him feel better, b) decrease the memories, and c) reinforce his identity. But his internal psychosocial development was disrupted. He lost his self-confidence and belief in himself. Kirk Jackson was confused and distraught at a time when he should have been studying and earning good grades to help him with career goals and in developing relationships with his peers. Both were sacrificed. He withdrew from peer relationships and he essentially severed contact with associates when rumors of the relationship spread.
2. Poor school performance. Although Kirk Jackson had some academic difficulties in his sophomore year, by his junior year and the sexualized relationship with Tanner was ongoing, he found he could not stay focused or concentrate on his studies. His ability to focus and concentrate was impaired.
3. Sexual development and trauma repetition. Another sign that the physical and sexual exploitation by Carl Tanner seriously affected Kirk Jackson was noted in his dating behavior. He has had two long term relationship but has not been in a relationship for several years. He states he is unable to make a commitment. He also has examples of sexual dysfunction.
4. Mental health problems. The memory brings forth great shame. In addition, Kirk Jackson has issues with authority, a fear of closeness, superficial rather than significant friendships, lack of a mentor relationship, and feelings of failure and of inadequacy.

In the study of adolescent sexual exploitation, it is often the dynamics of why minors do not talk about it that are due to the influence of programming by the offenders on the victim. Kirk Jackson, like many other male victims, was conditioned through guilt, shame, threats, and fear not to tell anyone or to talk about his exploitation. This programming prevented him from recognizing any link between psychological symptoms and the sexual exploitation.

3. Kirk Jackson has a guarded prognosis for recovery from the sexual exploitation and sexual abuse. The abuse is the proximate cause of his symptoms of his self-hatred, shame, depression and anxiety. Sexual abuse is a permanent psychological injury. It can't be cured but it can be treated. Much of his recovery will depend on the implementation of a carefully designed multi-modal treatment plan. He was referred to Dr. Rodriquez through the National Center for Victims of Crime and the psychologist's summary report states that he is a good candidate for long-term trauma focused psychotherapy.

One way to evaluate the impact of this abuse on Kirk Jackson's life is to compare his sister's life achievements since they had been reared in the same household. On interview, **Kristi Terotola** implied Kirk was more sensitive like their mother while she was more like their Dad. She has had trauma in her life when she lost her youngest daughter to cancer. Kristi said they responded differently to trauma and had she gone through what Kirk did, she was sure she would be different. Kristi said that being 5 years older than Kirk meant they grew up in different periods of time. When the parents separated, Kristi was going into high school. They lived with their father because their mother said the father was more financially stable. She and Kirk were both involved with church activities and spent a lot of weekend time in Virginia. They had friends from church. Kristi said she was closer to Dad whereas Kirk went back and forth more – on weekends he would be with their mother.

Kristi said she finished high school early because Maryland schooling was different than Virginia. When she graduated, she moved out of the house. She worked as waitress and nanny for college years while she went to George Mason Univ. – had 3 ½ years. Then married and had a baby. She studied graphic design – took computer graphics, wanted some experience so worked. She said she and Kirk have a good relationship, that they have always been in touch and during different periods of time they would visit. She works for an airlines so she can fly.

Kirk Jackson said that if the sexual exploitation by Carl Tanner had not happened, he believes he would have gone to college, had a good earning power through work, be married with children. Before Tanner he said he was very healthy (confirmed by his sister) and that he played baseball, soccer and ran track. He is 6'1" and weighed 170 when he lived in Hawaii but since his 20s has weighed between 125-140. He feels malnourished because of a bad GI tract. He is sensitive to some foods, is lactose intolerant, and needs supplements.

He is currently living in Nashville and hopes to launch a singing/song writing career. He is also looking for a therapist to continue his psychotherapy.

**Proposed Treatment Plan** Kirk Jackson needs specific treatment and services to help re-direct his life and career. This recommended treatment plan has 3 phases: the current treatment phase, a monitoring phase, and a crisis intervention phase for unanticipated issues that arise in the person's life. This multimodal treatment plan includes various modalities that are implemented within a stepwise structure.

Psychopharmacology monitoring Mr. Jackson requires a number of medications. There needs to be careful monitoring of the medications he takes. This should be done by a NP or MD four times a year for the 10 years or \$150 an evaluation x 4 x 10 = \$6,000 .

Chiropractic services and/or relaxation exercises (yoga) are necessary to reduce the anxiety being expressed somatically. This is recommended for 3 years at \$150/hr. x 3 = \$22,500.

EMDR Another treatment of choice in which research has shown to be successful with both acute and chronic conditions of post traumatic stress disorder is EMDR. Eye Movement Desensitization and Reprocessing (EMDR) integrate elements of many effective psychotherapies in structured protocols that are designed to maximize treatment effects. It is an informational processing therapy.

EMDR has a broad base of published case reports and controlled research, which supports it as an empirically validated treatment of trauma. The Department of Defense/Department of Veterans Affairs Practice Guidelines has placed EMDR in the highest category, recommended for all trauma populations at all times. In addition, the International Society for Traumatic Stress Studies current treatment guidelines have designated EMDR as an effective treatment for PTSD (Chemtob, Tolin, van der Kolk & Pitman, 2000) as have the Departments of Health of both Northern Ireland and Israel, which have indicated EMDR to be one of only two or three treatments of choice for trauma victims. And the American Psychiatric Association Practice Guideline (2004) has placed EMDR in the category of highest level of effectiveness. This type of therapy is routinely administered in an outpatient setting over the course of approximately 12 visits during the period of about one year.

Trauma Therapy Once the anxiety level has reduced, a trauma therapy program should be two pronged for Kirk Jackson: 1) to actively deal with the current memories, specifically to reduce the intrusive symptoms, numbing phenomena, and arousal disharmony, and 2) to deal with his anxiety about his future. This area would combine with psychoeducational efforts and the identification of other skills and abilities.

Kirk Jackson needs to be constantly monitored for recovery. Once stabilized, he they can begin some focused work on scripting out the memory of the experience and gradually, in a safe environment, recollect the emotional level of arousal hoping the fear and anger reaction can be desensitized. Trauma therapy is recommended to be weekly for 3 years.

Sport activities. It is suggested that Kirk Jackson resumes his interest in sports and work with a trainer to increase his self-confidence and self-esteem and to help him feel in control of his body. It is recommended that there be a personal trainer weekly for 3 years, then bi-monthly for 2 years.

Private tutoring Part of Kirk Jackson's injury that relates to the neurobiology of trauma is the disruption in their ability to process information. There have been memory deficits, lack of concentration and focus that have disrupted their normal learning abilities. Because he missed some basic content in high school courses, private tutoring is recommended to assist them to achieve the highest level of learning. Kirk Jackson needs to continue his education. This tutoring is recommended to be weekly for 1 year.

Music lessons Music has long been an important part of Kirk Jackson's life. He would benefit from some professional lessons as a way to evaluate his talent and to reduce stress, anxiety and depression. The lessons are recommended to be weekly for 1 year.

Crisis intervention services Mr. Jackson has had difficulty with depression and relapses. There needs to be crisis intervention services available for at least 3 sessions per year over a 10 year period.

## Proposed Treatment Program Table

Treatment Modality	Length of Treatment	Estimated Cost
Psychopharmacotherapy	4 x year evaluation by NP or MD.	4 x year/\$150 an evaluation x 10 = \$6,000.
Chiropractic services and/or relaxation exercises	Weekly for 3 years.	50 sessions @ \$150/hr. x 3 = \$22,500
EMDR	12 sessions for 1 yr.	12 @ \$250/session = \$3,000.
Trauma therapy	Weekly for 3 years.	50 sessions @ \$150/hr. x 3 = \$22,500
Sports activities/ exercise	Personal trainer weekly for 3 years, then bi-monthly for 2 years.	50 sessions @ \$100/session x 3 = \$15,000 + 25 sessions x 2 = \$7,500
Private tutoring	Weekly for 1 yr.	50 sessions @ \$100 x 1 = \$5,000
Music lessons	Weekly for 1 yr. @ \$100/session	50 sessions = \$5,000.
Crisis intervention	3 sessions/year x 10 yrs @ \$100/session	\$300 x 10 = \$3,000.

Estimated cost for the 10 year program is: \$89,500 - \$100,000. The costs do not take into consideration the cost of medications prescribed but are based on reasonable fees for the modalities. The modalities are to be scheduled over a 10 year period.

Additional treatment modalities recommended include pharmacotherapy, sports and exercise program, private tutoring, music lessons and crisis intervention.

In many ways, Kirk Jackson's worldview has been shattered. Safety and the motivations and intentions of people are suspect. It is recommended that Kirk Jackson periodically have a structured course of EMDR and trauma therapy with psychoeducation as to the nature of trauma and its natural course. The trauma-specific symptoms of post-trauma symptoms of intrusive thoughts, avoidant behaviors and hyperarousal to environmental cues and traumatic memories are directly attributable to the multiple types of sexual abuse suffered to him by Carl Tanner. None of these current symptoms of Chronic Post-Traumatic Stress Disorder would have come to pass if Carl Tanner had not violated the sexual boundaries between an adult and a minor adolescent.

My opinions are expressed with a reasonable degree of scientific certainty. I will supplement my report should additional documents become available.

Sincerely,

A handwritten signature in black ink that reads "Ann Wolbert Burgess". The signature is written in a cursive, flowing style.

Ann Wolbert Burgess, DNSc., APRN, BC  
Clinical Specialist in Psychiatric Nursing